

Itchenor and the Witterings

A circular walk from the village of Itchenor to both East and West Wittering. The route starts along a shoreline embankment and then across fields. After a short stretch of road walking it follows field edges to reach the thriving village of East Wittering. From here the route goes along the coastline, with views to the Isle of Wight, reaching the popular West Wittering beach and dunes of East Head; the final stretch follows the Harbour shoreline.



18km (11 miles)



50m over the whole route



4 hours excluding breaks



Moderate



OS Explorer 120 or use OSmaps app



Pay & display or use MiPermit app.
Grid ref: SU 798 012. Also in East Wittering.



Shoreline paths may flood at high tide, check tidal times before setting out.



Stagecoach 52 or 53, East Wittering shops.
Start the walk at point 6.



Picnic spots



Toilets



Café or pub



Parking



Information panel



Bus stop



Sailing Club



Boatyard



Harbour Office



Church

Waypoints

- | | | |
|---------------|---------------|----------------|
| 1. SU 799 012 | 5. SZ 799 977 | 9. SZ 765 984 |
| 2. SU 803 008 | 6. SZ 795 972 | 10. SZ 774 994 |
| 3. SU 811 004 | 7. SZ 778 975 | 11. SZ 782 999 |
| 4. SZ 810 992 | 8. SZ 771 978 | 12. SU 799 014 |

Walkers - please keep to the public footpath network.

Dog Walkers - please keep your dog under control and give wildlife some space.

Cyclists - cyclists do not have a right of way on public footpaths.



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